



Camp Hope 2025: **INVENTORS**



Living Today's Story Week 1





Week 1: MONDAY

Story: Moses' Birth

Theme

Inventors follow Jesus by...

Daily Theme

Trust (NICU Nurses)

Bible Verses

Moses' Birth, Exodus 1:15-2:10
Spark Bible pages 66-71

Focus Verse

Exodus 2:3 Then Jochabed placed the child in the basket and put it among the reeds along the bank of the Nile.

People of the Day

A neonatal intensive care unit (NICU) Nurse is a type of nurse whose patients are premature, sick, and/or injured newborn babies who must be monitored, fed, and provided constant nursing care until they are well enough to leave the NICU. While a NICU Nurse's primary responsibility is to care for the babies, they also work closely with the parents of those babies, who may need support, counseling, and education.



Supplies

All Campers

- A way to watch the video and/or pictures printed out
- Flashcard page for W1D1 (1 per camper)
- A bell that sustains sound, such as a handbell or chime
- Baby doll with swaddling (2 per group)
- Index cards with events from the story drawn or written on them for Review Activity

Younger Campers

- Index cards with pictures from the story on them for Roll It! activity (use the pictures from the flashcards and draw your own)
- Pen and paper (1 per group)
- Dice (1 per group)

Middle/Older/ Disciple Campers

- Pen and paper (1 per pair of campers in each group)
- Index cards with words on them for Roll It! activity (set of 10 for every 2 campers in each group)
- Dice (1 per every 2 campers in each group)



Preparation BEFORE the Group Arrives

- Watch the video: <https://youtu.be/rsnNaUz5xKw?si=cOHmzuM3WBqu68mR>
- Make a sample
- Print one baby image for each camper
- Fold sheets of green construction paper and cut into halves.
- Prepare the NICU Nurse pictures for viewing, if using.
- Read the NICU Nurses summary and highlight the information that your campers can understand for use before showing the video or pictures.
- Practice swaddling the baby doll so you can demonstrate this skill.
- Make cards of events in the story for the Review Activity (divide the story into at least as many sections as you have campers in your group).
- Make cards for Roll It! Activity.
- **Staff note:** For Younger Campers, you'll need 1 set of 10 cards with pictures – 5 from the flashcards and 5 others from the story. For Middle/Older/Disciple Campers, you'll need a set of 10 cards with words from the story for every 2 campers in each group.
- Print flashcard page W1D1 (1 per camper).

People of the Day Activity Baby Swaddling Relay Race Younger/Middle/Older/Disciple Campers

Staff note: If you have campers with limited fine motor skills, have them hold the doll while another camper swaddles it.

Say: Today we're doing a race to swaddle a baby doll. We'll need to form two teams.

Ask: How many people are here today? How many will be on each team?

Say: Each team will have a baby doll and swaddling. Everyone on the team will need to take the swaddling off the doll and then put it back on before passing it to the next person. First, I'll show you how to swaddle a baby doll. (demonstrate)

Say: When I say go, the race will begin!

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- **Staff note:** Possible responses are shown in parentheses.
- **Ask:** Was that hard or easy? **Why?** (answers will vary)
- **Say:** One of the things Nurses do for the babies in their care is swaddle them. NICU Nurses care for very tiny babies and they are our People of the Day – we're going to learn about them now!

People of the Day

- Share info from the NICU Nurses summary above that is relevant to your campers.
- Show the pictures or watch the video together: <https://youtu.be/rsnNaUz5xKw?si=cOHmzuM3WBqu68mR>

- After watching, ask these questions:

Staff note: Possible responses are shown in parentheses.

- **Ask:** What surprised you about being a NICU Nurse? (answers will vary)
- **Ask:** Does it seem like it would be fun? (answers will vary)
- **Ask:** Do you know anyone who is a NICU Nurse or any kind of nurse? (yes/no; if yes, ask them to share 2 things they know about that person's job)

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Staff note: Possible responses are shown in parentheses.

- **Ask:** How are NICU Nurses like Jochebed and Miriam? (they care for babies)
- **Ask:** What is today's theme? (trust)
- **Ask:** Why do you think that's today's theme? (because Jochebed trusted that her son would be safe in the river; she also trusted that Miriam would look out for him)
- **Ask:** How do NICU Nurses show our theme for the day? (parents can trust them with tiny babies)

Review Activity

Get the Story in Order

Younger/Middle/Older/Disciple Campers

Staff note: To make this more difficult for Older or Disciple Campers, time the activity and/or have them get in order without speaking to each other.

Say: I'm going to pass out story cards. You'll need to hold your card and work with other campers to figure out how to stand with your cards in the same order as the story.

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Staff note: Possible responses are shown in parentheses.

- **Ask:** What did we just do? (put the story in order)
- **Ask:** Was that hard or easy? Why? (answers will vary)
- **Ask:** Which of the cards showed the part of the story where Jochebed trusted God to keep her son safe? (show the card)

Literacy Activities: Flashcards

Younger/Middle/Older/Disciple Campers

- Show the campers the flashcards for baby, river, basket, mother, sister. Spell the words with the campers, ask for definitions and/or where they heard the words in the story.

Roll It!

Younger Campers

- **Say:** We're going to play Roll It! I'm going to turn over a card which will have a picture on it. We'll all look at it and see if we know what word the picture is showing and where it shows up in the story. If we can do that, we'll roll this dice. Then we'll write down our score for that card. We'll do that for each card and then add up all our scores to find out our total score! How many points do you think we can get?

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Staff note: Possible responses are shown in parentheses.

- **Ask:** What did we do in this game? (we saw pictures, talked about what words they were showing, talked about where they showed up in the story)
- **Ask:** What words did we use? (our words for today: baby, river, basket, mother, and sister plus some others)
- **Ask:** What word was your favorite? Why? (answers will vary)

Roll It!

(Middle/Older/Disciple Campers)

Staff note: You can add extra points for spelling, if your campers will enjoy that. You can make the number to win higher or lower than 17.

- **Say:** We're going to play Roll It! You'll play in pairs. You'll take turns picking up a card from the stack, then reading the word, and saying how it fits into the story. If you answer correctly, you'll roll the dice for a score and write it down on the paper – that's your score for that round. The first player to reach 17 wins the game.

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Staff note: Possible responses are shown in parentheses.

Ask: What did we do in this game? (read words, spelled them, talked about where they showed up in the story)

Ask: What words did we use? (our words for today: baby, river, basket, mother, and sister plus some others)

Ask: What word was the hardest? Why? (answers will vary)



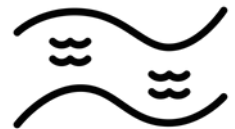
Flashcards

Week 1: Monday

Baby: a newborn human



River: flowing body of water



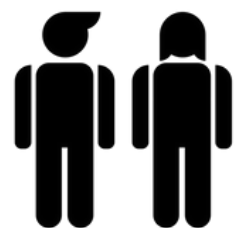
Basket: a container made of twigs or thin strips of wood



Mother: one who nurtures and cares for her children



Sister: a female sibling



Mindfulness Bell

Younger/Middle/Older/Disciple Campers

- **Staff note:** This activity works best with a bell that sustains sound, such as a handbell or chime.
- **Say these words as you do this activity:**
- We'll start by getting into our mindful pose – sitting upright, quiet, eyes closed.
- I'll ring the bell to start our time.
- Please raise your hand when you can't hear the bell's sound.
- (When most campers have raised their hands, say) Now slowly move your hand to your stomach and feel your breathing.
- Breathe with me – in and out.
- Ring the bell to end this activity.
- **Ask:** How did you feel doing that? (answers will vary)



Prayer

Faithful Lord,
Thank you that we can always trust you! Thank
you for the friends we will meet this week!
Amen.





Camp Hope 2025: **INVENTORS**



Snacks Week 1



WEEK 1 Monday

Story: Moses' Birth

Weekly theme: Inventors take initiative when they...

Daily theme: Trust (NICU Nurses)

Bible verses: Exodus 1:15-2:10

Spark Story Bible pp. 66-71

Focus verse: Exodus 2:3 Then Jochebed placed the child in the basket and put it among the reeds along the bank of the Nile.

Moses in a Basket (Pigs in a Blanket)



Supplies

- Mini sausage (1 per camper)
- Crescent dough sheet (1 triangle slice per camper)
- Blueberries (6 per camper)
- Plates (1 per camper)
- Baking sheet(s)

Allergy Substitutions

- Gluten – use gluten free crescent dough

Preparation BEFORE the Group Arrives

- Make a sample.
- Wash blueberries.
- Cut crescent dough into triangles for each camper.
- Preheat oven to 375 degrees.

Make the Snack – Moses in a Basket (Pigs in a Blanket)

- Give each camper their dough and mini sausage.
- Each camper will wrap their sausage (Moses) in the dough (basket/blanket).
- Collect each one from campers to place in the oven on a baking sheet.
- Cook per the instructions on the dough (most are 375 degrees for 12-15 minutes or until golden).
- Serve to campers with 6 blueberries to arrange on their plates like water.

Grace – Batman Grace

https://www.youtube.com/watch?v=wEdYB9Wicxw&list=PLOMi65retfVM35lrEinP59WQ5_iCkwjVo&index=1

Na na na na na na na na. Thank you, Jesus.

Na na na na na na na na. For our food, Jesus.

Na na na na na na na na. Amen, Jesus.

Instructions for the Game – Human Knot

- Mini sausage (1 per camper)
- Crescent dough sheet (1 triangle slice per camper)
- Blueberries (6 per camper)
- Plates (1 per camper)
- Baking sheet(s)
- This game is best done in groups of 8 or fewer people. Multiple groups can play at the same time.
- Each group will get in a circle.
- Each camper will place their right hand in the middle and join hands with someone else who is not directly next to them.
- Each camper will place their left hand in the middle and join hands with someone new who is not directly next to them.
- As a team, twist and move as needed until you have “untied” the knot and are in a circle again (even if some people are facing backwards).

Preparation BEFORE the Group Arrives

- This game is best done in groups of 8 or fewer people. Multiple groups can play at the same time.
- Each group will get in a circle.
- Each camper will place their right hand in the middle and join hands with someone else who is not directly next to them.
- Each camper will place their left hand in the middle and join hands with someone new who is not directly next to them.
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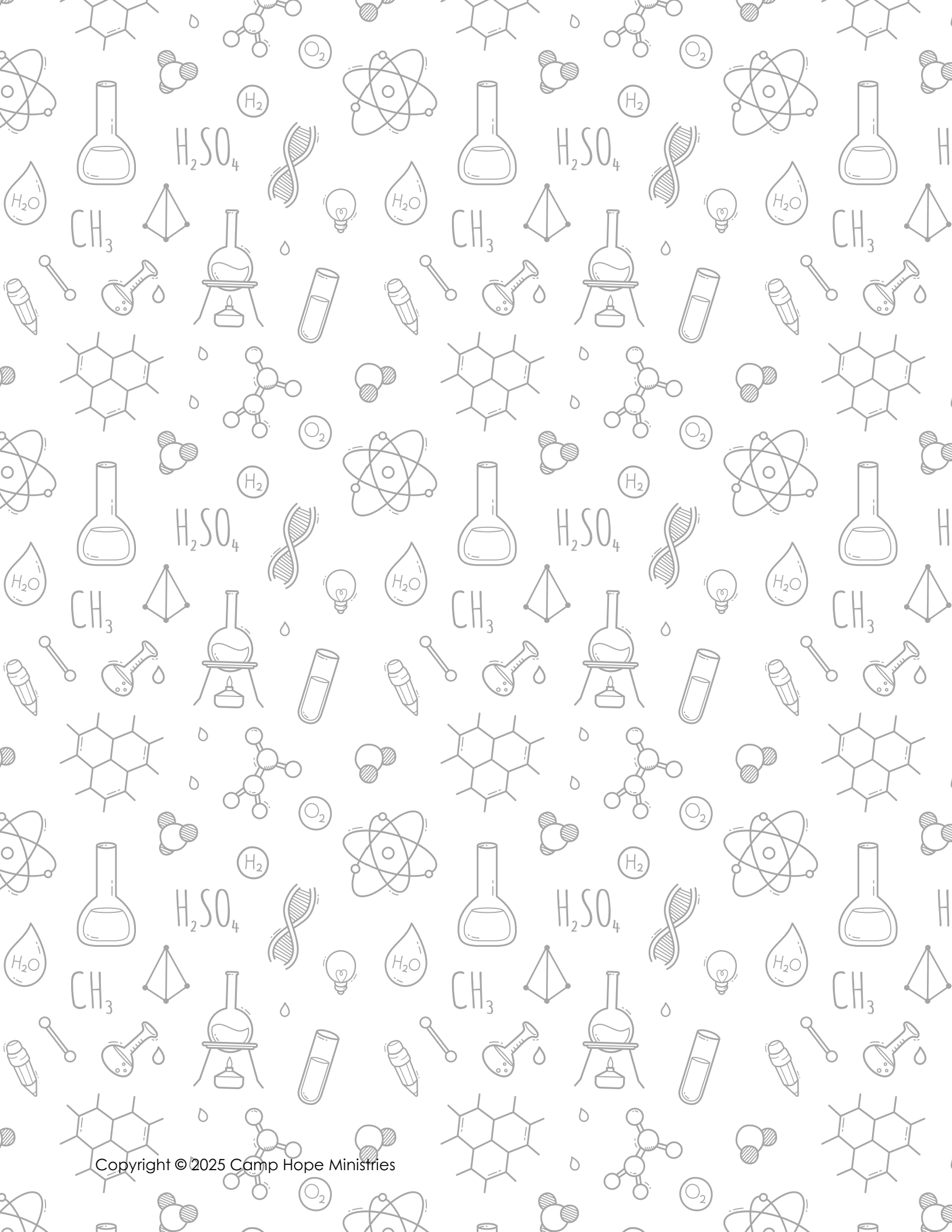
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Staff note: Possible responses are shown in parentheses.

Ask: What was the most difficult part of the game? (trusting that we would be able to untie our knot; answers will vary)

Prayer

Dear Lord,
Teach us to put our trust in you. Teach us to have faith and courage, even when it is difficult.
Amen.





Camp Hope 2025: **INVENTORS**



STEM Week 1



WEEK 1 Monday

Story: Moses' Birth

Weekly theme: Inventors take initiative when they...

Daily theme: Trust (NICU Nurses)

Bible verses: Exodus 1:15-2:10

Spark Story Bible pp. 66-71

Focus verse: Exodus 2:3 Then Jochebed placed the child in the basket and put it among the reeds along the bank of the Nile.

Activity – Can You Hide in Plain Sight? Younger/Middle/Older Campers

The Science: Camouflage is a way for an animal to hide from predators by matching their surroundings.

Supplies

- 4 cups of green shredded paper (1 set per group)
- 20 small green sticks such as matchsticks or toothpicks (1 set per group)
- 20 small red sticks such as matchsticks or toothpicks (1 set per group)
- Cup to collect the toothpicks
- Sheet of paper (1 per group)
- Pencil (1 per group)
- Timer or stopwatch (1 per group)
- STEM Take Home page (1 per camper)
- Markers (1 per camper)



Preparation BEFORE the Group Arrives

- Prepare your own shredded paper from green construction or copy paper. Cut the paper into squares measuring approximately 5"x5". Put the squares through a shredder. Make sure the color of the paper matches the color of the green matchsticks or toothpicks as closely as possible.
- Color the toothpicks/matchsticks red and green. The sample was done with markers; paint would be more efficient.
- Practice placing 20 green and 20 red sticks randomly in the green paper shreds. Don't try to hide the sticks, just loosely place them into the shredded paper pile, one by one. Try to be random about where they are. (This simulates camouflaged and non-camouflaged caterpillars of the same type living together in the same plant environment.)
- Print STEM Take Home pages.

Instructions for the Activity

Staff note: Choose the order that the campers will go in. It could be youngest to oldest or shortest to tallest, etc. For Younger Campers, having Support Staff demonstrate will be helpful; they may need more than 20 seconds to be successful.

Say: In this activity you will pretend to be predator birds hunting for red and green stick "caterpillars." To do this, you'll use a "beak" using your pointer finger and thumb to collect your prey. (demonstrate) You will have 20 seconds to quickly pick up as many caterpillars as possible from the green shredded paper and drop them into the cup. We'll keep track of how many everyone gets. I'll say "go" to start the activity. Say: I'm going to place the green shredded paper on this table, and spread it out a little bit. First person will need to close their eyes. I'll put the caterpillars in the grass and set the timer for 20 seconds. **Say:** It's time for first person to open their eyes. Say: "Go!" (start the timer) **Say:** (after timer has sounded) Now we'll count the number of red and green sticks in the cup and write down how many green and how many red sticks were collected. Say: We'll do this until everyone has had a chance to try.

Drag Big

Staff note: Possible responses are shown in parentheses.

Ask: Which colored sticks do you think represent the camouflaged caterpillars and which represent the non-camouflaged caterpillars? (green / red)

Ask: Did the predators pick up more green or more red stick caterpillars? (probably red)

Ask: Did everyone get similar results? (probably yes)

Say: Miriam hid in the reeds by the river to watch Moses in the basket.

Ask: How does today's activity relate to this part of our story? (she must have been camouflaged in some way to avoid being seen)

Ask: How do you think she was camouflaged? (her clothes matched the reeds; she wore a headdress in the color of the reeds; she sat very still like the reeds)



The STEM Take Home page will be filled out like this:

Name – Campers fill in their names

Activity – Camouflage

Ask all the campers to draw their fingers as beaks and/or the paper with sticks in it.

“What We Learned” – Camouflage is a way for an animal to hide from predators by matching their surroundings.





Camp Hope 2025: **INVENTORS**



Art Rotation Week 1



WEEK 1 Monday

Story: Moses' Birth

Weekly theme: Inventors take initiative when they...

Daily theme: Trust (NICU Nurses)

Bible verses: Exodus 1:15-2:10

Spark Story Bible pp. 66-71

Focus verse: Exodus 2:3 Then Jochebed placed the child in the basket and put it among the reeds along the bank of the Nile.



Theme and Story Review

Staff note: Possible responses are shown in parentheses.

Ask: Why were the sons of Hebrew children sent away? (because the king of Egypt ordered all sons of Hebrew women to be killed, so the women sent them away instead)

Ask: What did Jochebed do with Moses? (she hid him in a basket in the reeds of the riverbank)

Activity – Baby Baskets

Younger/Middle/Older Campers

Supplies



- White paper plate (1 per camper)
- Paper cupcake liner (1 per camper)
- Green construction paper (½ sheet per camper)
- Baby image or pencil to draw a baby (1 per)
- Glue (1 bottle per 2 campers)
- Crayons (1 pack per 2 campers)
- Scissors (1 pair per camper)



Baby image to copy

Preparation BEFORE the Group Arrives

Make a sample. Print 1 baby image for each camper. Fold sheets of green construction paper and cut into halves.

Instructions for the Activity

- On the white paper plate, use a blue crayon to color it to symbolize water (campers could draw waves, color the entire plate blue, or even cut the plate into the shape of a river or waves).
- On the bottom of the cupcake liner, campers will glue the image of the baby Moses (alternatively, they can use a pencil to sketch the baby).
- Using the green construction paper, campers will cut strips to model grass/reeds. (Staff note: For Younger Campers, the reed strips can be pre-cut.)
- Campers will then place the reeds around the rim of their paper plate.
- Campers will glue their cupcake liner basket in the center of the plate and glue the reeds around the edge of the plate.
- Option for Middle/Older Campers: Campers can also write their focus verse along the edge of the plate.

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Staff note: Possible responses are shown in parentheses.

- **Ask:** What does the cupcake liner symbolize? (the basket Moses was placed in)
- **Ask:** Why did we include reeds in our picture? (because the reeds hid the basket Moses was in)
- **Ask:** How does this story show trust? (Jochebed placed baby Moses in the basket and trusted that someone would find and care for him)

